



COSTA RICA FOR THE ADVENTUROUS

This unique adventure leads you to explore the Caribbean and Pacific within two weeks. Take a boat ride through the water canals in Tortuguero, hike the Arenal National Park, explore the gem of the South Pacific; the Osa Peninsula and hit the Guanacaste waves for a perfect ending. Driving through mountains & valleys combined with regional flights make it a perfect way to see Costa Rica from below and above!

San Jose - Tortuguero - Arenal Volcano National Park - Osa Peninsula - Guanacaste

15 Days / 14 Nights

2 Persons

July through late September

USD 3760.00 per person twin share









[Click here to view your Digital Itinerary](#)

Introduction

Accommodation	Destination	Basis	Room Type	Duration
Park Inn by Radisson San Jose	San Jose	B&B	1x Standard Room	1 Night
Evergreen Lodge	Tortuguero	FB+	1x Standard Room	2 Nights
Arenal Springs Hotel	Arenal Volcano National Park	B&B	1x Junior Suite w/ volcano view	3 Nights
Aguila de Osa	Osa Peninsula	FB+	1x Deluxe Room	3 Nights
Bahia Del Sol Beach Front Boutique Hotel	Guanacaste	B&B	1x Deluxe Room	5 Nights

Key

B&B: Bed and Breakfast

FB+: Dinner, Bed, Breakfast, Lunch and Activities Daily

Included

Greeting at the airport Arrival at the San José International Airport. As you exit the airport you will be met and transferred to your hotel.

1 night accommodation at Park Inn San Jose in One Standard Room.

Early Land and boat transfer from San Jose to your hotel in Tortuguero stopping en route for breakfast, approx. 3 hour transfer. (Hotel guests only)

3 Day/ 2 night package including 2 nights' accommodations and taxes, local guide, land and boat transfers, guided tours and entrance fees of the backwater canals of Tortuguero National Park, donation to the Caribbean Conservation Foundation, walking tour of the village and meals.

2 nights' accommodations at Evergreen Lodge in One Standard Room. (3 Breakfasts, 2 Lunches, 2 Dinners)

Tortuguero National Park tour by boat of the backwater canals including local guide and park entrance fee. (Hotel guests only).

Boat and overland transfer from Tortuguero to Guápiles including lunch en route.

Private transfer from Guápiles to Arenal, approx. 3 hour transfer.

3 nights' accommodations at Hotel Arenal Manoa in One Superior Room. (Breakfast included)

Rio Balsa Class II-III White Water rafting full day tour including transfers, equipment, lunch and local river guides (Lunch included). ****Group basis****

Guided hike Arenal Volcano Colada 1968 including transfers, local naturalist guide and entrance fee. **Group basis**

Private transfer from Arenal to the San Jose Local Terminal, approx. 3 hour transfer.

Domestic flight from San Jose to Drake Bay, approx. 45 minutes. Luggage restrictions apply.

Land and boat transfer to Aguila de Osa. (Hotel guests only)

Aguila de Osa 4 day/3 night package including 3 nights' accommodations, land and boat transfers, guided tours and entrance fees of Corcovado National Park and Caño Island and meals.

3 nights' accommodations at Aguila de Osa Lodge in One Deluxe Room. (Meals included)

Corcovado National Park half day tour including transportation, local guide and entrance fee. (Hotel guests only)

Caño Island Boat Tour including snorkelling equipment, local guides and entrance fees. (Hotel guests only)

Boat and land transfer back to Local Airstrip. (Hotel guests only)

Domestic flight from Drake Bay to San Jose, approx. 50 minutes. Luggage restrictions apply.

Domestic flight from San Jose to Tamarindo, approx. 50 minutes. Luggage restrictions apply.

Private overland transfer from Tamarindo Local Terminal to your hotel, approx. 40 minute transfer

5 nights' accommodations at Hotel Bahia del Sol. Potrero Beach in One Deluxe Room. (Breakfast included)

Days at leisure to explore on own. Optional tours available at additional fee.

Private overland transfer to the Liberia International Airport, approx. 1 hour transfer. Check in at airport is 3 hours

Excluded

Airfare to Costa Rica; travel insurance; gratuities; any lodging, tours or meals not specified in the itinerary; extras in hotels (laundry, phone calls, room service, etc.); personal equipment; costs associated with changes to your itinerary for reasons beyond our control.

Day 1: Park Inn by Radisson San Jose, San Jose (Mon, 1 July)

San Jose

San Jose, affectionately known to its residents as 'Chepe', lies in the heart of Costa Rica and is home to almost two-thirds of the country's population. With few buildings over 100 years old, the mountainous capital is relatively modern compared to its Latin American counterparts, but still has a significant amount of culture, art and history for visitors to discover. With a number of theatres full of Costa Rican culture, museums that include the largest collection of American jade in the world, and streets full of bright murals and painted buses, San Jose is an eclectic city waiting to be experienced.

Day Itinerary

Upon your arrival in San José, Costa Rica and after passing through immigration you will be met by a member of the National Chamber of Tourism (CANATUR) who will give you a sticker that will facilitate our representative to identify you after exit the Airport building.

Arrival at the San José International Airport. As you exit the airport you will be met and transferred to your hotel. Your driver will provide you with the travel vouchers for your services and review them with you at this time.

Consultant Notes

Located three blocks from Paseo Colon, the city's main avenue, and walking distance of downtown. Sample local and international cuisine at RBG Bar & Grill, and enjoy a dip in the shimmering outdoor pool. Its comfortable accommodations feature free wireless Internet access, a mini bar and a coffee maker. The orthopaedic mattress and plasma TV create a relaxing environment for your evening.

General services: Restaurant, bar, swimming pool, WIFI, meeting facilities, free parking, gym.

Overnight: Park Inn by Radisson San Jose

Park Inn by Radisson San Jose is located in the heart of the city near popular attractions namely La Sabana Park. The rooms are equipped with Wi-Fi, a TV, coffeemaker, hairdryer, mini bar and safe. For guests' enjoyment there is an on-site restaurant, outdoor swimming pool, gym and underground parking. For daily activities, guests can visit Costa Rican Art Museum, Cerro Cedral and Avenida Escazu.



Basis

Bed & Breakfast

Included

Greeting at the San José International Airport.

Private Arrival transfer service.

Excluded

Gratitudes.

Day 2: Evergreen Lodge, Tortuguero (Tue, 2 July)**Tortuguero**

Bordering the Tortuguero National Park along Costa Rica's beautiful Caribbean Coast, the village of Tortuguero is known for its ecotourism and its extensive network of canals. It is set amidst tropical lowland rainforests, magnificent rivers, and pristine beaches. A definite highlight of the area is taking the unique once in a lifetime opportunity to watch baby green turtles hatch along the shoreline. Visitors can look forward to a wide selection of exciting activities such as: visiting the Tortuguero National Park which is home to over 300 species of bird, a variety of flora and diverse fauna. Other popular activities include: hiking, sport fishing, canal tours, canopy tours, and kayaking. Don't miss the opportunity to visit and explore the nearby Barra del Colorado Wildlife Refuge, the Cariari National Wetlands, and the Turtle Museum at Sea Turtle Conservancy.

Day Itinerary

You will be picked up in San Jose by a transport representative from your hotel in Tortuguero. Drive through the magnificent Braulio Carrillo National Park on the Limon Highway.

Once in the town of Guapiles, you will stop at a local Restaurant for a delicious breakfast. The drive in total will be approximately 3 hours. At the main port lining the canals you will board a boat for transfer to your hotel in Tortuguero, the boat ride will be approximately 1 hour.

Upon arrival lunch will be served at the Lodge. In the afternoon your local guide will take you to the town for a leisurely walk where you will get a taste of local living.

Consultant Notes

Only a five minute boat ride through the jungle canals to the entrance of wildlife-rich Tortugero National Park. This remote area of the Caribbean coast is accessible only by plane or by boat; nevertheless your lodging will be first class. The infrastructure of this lovely lodge is built to coexist with nature. The rainforest enhances the hotel grounds, which are truly evergreen.

General services: 55 Rooms, Restaurant, Pool and Spa, Hiking Trails, Rainforest Canals, CST Certified, RainforestAlliance Verified

Overnight: Evergreen Lodge

Evergreen Lodge is located in the forests of Tortuguero on Costa Rica's Caribbean coast. Accommodation is available in comfortable guest rooms which feature private bathrooms, hot water, and ceiling fans. The lodge features an in-house restaurant with high ceilings and a design that complements the jungle surrounding it. The restaurant serves authentic Costa Rican style buffet meals and includes a fully equipped bar. The lodge is the perfect location for guests who wish to explore the Tortuguero National Park and its surrounding areas.



Basis

Full Board and Activities

Included

Early Land and boat transfer from San Jose to your hotel in Tortuguero stopping en route for breakfast, approximately 3 hour transfer. ****Group basis****

Lunch & dinner.

Excluded

Gratitudes.

Day 3: Evergreen Lodge, Tortuguero (Wed, 3 July)

Day Itinerary

Tortuguero National Park is known as Costa Rica's "little Amazon". There are no roads - travel is by boat along a series of rivers and canals or by foot on forest paths. The park consists of a network of waterways surrounded by a vast tropical rain forest and is one of the best places to observe wildlife in Costa Rica.

Tortuguero is a must for visitors who want to experience the amazing wonders of the tropical rain forest! In Tortuguero visitors will likely see 2 or 3 species of monkeys, iguanas, crested basilisk lizards (they look like miniature dinosaurs!), sloths, lots of water birds, toucans, parrots, parakeets, caiman (cousins of alligators), and possibly crocodiles, as well as colorful tropical forest birds.

Activities

Afternoon	Tortuguero Canals
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Tortuguero Canals

The canals of Tortuguero are a popular attraction in Costa Rica. With rainforests, wildlife, sea turtles, crocodiles and a labyrinth of natural waterways, the region offers an authentic rainforest experience. Visitors can explore the lush flora and abundant fauna of the Caribbean coastal waterways by boat.

Basis

Full Board and Activities

Included

Breakfast, lunch & dinner.

Tortuguero National Park tour by boat of the backwater canals including local guide and park entrance fee. **Group basis**

Excluded

Gratitudes.

Day 4: **Arenal Springs Hotel, Arenal Volcano National Park** (Thu, 4 July)

Arenal Volcano National Park

The Arenal Volcano erupted violently July 29th 1968 destroying the region west of its base with hot gases, rocks and later, lava flows. Today the volcano steams quietly and heats local rivers that have been developed into popular hot springs and spas. Forest vegetation is quickly returning and covering the massive rock fragments and lava flows, and rain forest wildlife once again flourishes in and around the park,

Day Itinerary

After breakfast, board the boat to bring you back to the docks lining the Tortuguero Canals.

At the docks board ground transfer to Guápiles where you will stop for lunch included.

You will be picked up in Guapiles by one of our transport representatives for transfer to your hotel in Arenal. Transport service will be in a minivan with AC, approximately 3 hour transfer plus any stops on the way.

Arenal is one of the most popular destinations in Costa Rica. The volcano, although inactive for the past few years, is a majestic site. This picturesque region offers natural beauty, amazing wildlife and plenty of outdoor activities for visitors including hiking trails, the famous La Fortuna Waterfall, zip-line tours, rafting, canopy bridge walks, waterfall canyoning,

organic farm tours and more. There are also a variety of relaxing hot springs with warm soothing waters heated by the volcano.

Consultant Notes

At only 8kms. from the quaint town of La Fortuna, Arenal Springs Resort offers exceptional views of the Arenal Volcano. Surrounded by an abundance of rainforest, Arenal Springs has a picture-perfect volcano at its front door. A number of geothermal hot springs dot the area, providing visitors with the ultimate way to relax after a long day spent exploring Arenal. The Arenal Springs Resort is the perfect getaway for guests looking to remain close to nature but still retain the comfort and amenities of a modern hotel.

General services: 65 Rooms, Restaurant, Pool, Spa, Wifi, AC, Handicap friendly, CST Certified.

Overnight: Arenal Springs Hotel

Arenal Springs Hotel is located just 5 miles away from the town of La Fortuna on the way towards the Arenal Volcano National Park. Guest rooms are surrounded by exotic gardens, and beautiful flowers, where Costa Rica's native species of birds and animals are readily seen. Featured at the Arenal Springs Hotel is the natural hot springs rich in mineral salts and ions; the Natria Health Spa; Sakana Poolside Restaurant and the Ti-Cain Restaurant that has the best views of the Arenal Volcano on the premises.



Basis

Bed & Breakfast

Included

Breakfast.

Boat and overland transfer from Tortuguero to meeting point in Guápiles including lunch en route. ****Group basis****

Private transfer from Guapiles to your hotel in Arenal, approx. 3 hour transfer.

Excluded

Gratitudes.

Day 5: Arenal Springs Hotel, Arenal Volcano National Park (Fri, 5 July)

Day Itinerary

Just 30 minutes from La Fortuna, your rafting trip on the Balsa-San Carlos class II-III River will give you a chance to see riverside wildlife like herons, monkeys, sloths, and iguanas while you enjoy paddling through gentle rolling rapids. Great for adventurous first-timers and recreational paddlers, the river passes through farmlands, tranquil river pools and a rain forest river canyon. This trip combines fun and nature. Your bilingual guides will give you a safety talk, paddling instructions, life jackets, and helmets before you start.

Includes: transportation, lunch, equipment and local guides.

What to Bring: Quick dry clothing, bathing suit, adventure type sandals/water shoes and change of clothes.

Activities

Morning	White-water Rafting Balsa River Class II-III
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Basis

Bed & Breakfast

Included

Breakfast.

Rio Balsa Class II-III White Water rafting full day tour including transfers, equipment, lunch and local river guides (Lunch included). ****Group basis****

Excluded

Gratitudes.

Day 6: Arenal Springs Hotel, Arenal Volcano National Park (Sat, 6 July)

Day Itinerary

After the Arenal Volcano 1968 eruption, two different hiking trails formed by lava emerged. Trek through different scenarios including open lands, lagoon shore and the lava mountain trails. There is an incredible viewpoint close to the volcano as well.

Includes: Transportation, entrance fee and local bilingual guide.

What to bring: bug repellent, sun block lotion, light clothing, hiking shoes, raincoat, camera and hat.

Activities

Arenal Volcano National Park

Arenal Volcano National Park

The Arenal Volcano erupted violently July 29th 1968 destroying the region west of its base with hot gases, rocks and later, lava flows. Today the volcano steams quietly and heats local rivers that have been developed into popular hot springs and spas. Forest vegetation is quickly returning and covering the massive rock fragments and lava flows, and rain forest wildlife once again flourishes in and around the park,

Basis

Bed & Breakfast

Included

Breakfast.

Guided hike Arenal Volcano Colada 1968 including transfers, local naturalist guide and entrance fee. ****Group basis****

Excluded

Gratitudes.

Day 7: **Aguila de Osa, Osa Peninsula** **(Sun, 7 July)**

Osa Peninsula

Costa Rica's Osa Peninsula lies between the Pacific Ocean and the Golfo Dulce in the south-western region of the country. This virtually untouched corner of the world contains almost half of Costa Rica's wildlife species, offering nature lovers the chance to see exotic animals, birds, reptiles and amphibians in the rainforest of the Corcovado National Park. The surrounding waters invite visitors to surf, snorkel, fish, or simply relax on the white sandy beaches before retreating to the rustic Puerto Jimenez, the largest settlement in the area, for a good night's rest.

Day Itinerary

You will be picked up in Arenal by one of our transport representatives for transfer to the San Jose Local Terminal. Transport service will be in a minivan with AC.

Local airline flight from San Jose to Drake Bay. Check in 1 hour prior to flight departure time, approximately 45 minutes.

You will be picked up at the airstrip in Drake Bay by transport representative from your hotel for land 4x4 taxi transfer to the Drake Bay coast, approximately 20 minutes. Once on the ocean, board a motor boat to your hotel in Drake Bay, approximately 15 to 45 minute transfer. Drake Bay offers visitors a taste of a tropical wilderness along the coast and into the forests of nearby Corcovado National Park. However it also offers some of the most attractive and luxurious nature lodges in the country.

Consultant Notes

Regarding luggage restrictions on domestic flights: Check in 45 minutes prior to flight departure time. Maximum LUGGAGE PERMITTED 40 POUNDS PER PERSON for checked in baggage and one piece of carry-on luggage that does not exceed 10 pounds. We recommend packing a change of clothes, any essentials (including toiletries and medications) in a carry-on bag in the event your luggage is delayed. Excess baggage is subject to space availability on the plane. Additional charges apply. Itineraries are subject to change without prior notice to the passengers and with no responsibility for the carrier.

Overnight: Aguila de Osa

Nestled amidst the jungle-covered hillsides overlooking the tranquil waters of Drake Bay, Aguila de Osa is an exquisite rainforest and marine adventure hotel where visitors can experience life right on the edge of the Osa. Accommodation is offered in beautifully appointed rooms equipped with ceiling fans, coffee makers with complimentary coffee, fridges, mini-bars with snacks, and telephones with free local and international calls. The bathrooms are spacious and equipped with showers, hairdryers, and complimentary bathroom amenities. Wi-Fi is free in the rooms and throughout the hotel.

Gourmet dining and an extensive breakfast menu are offered in the Great Room, the hotel's open-air restaurant which is situated over the river and offers dramatic ocean views. A wide variety of inclusive packages, tours, and excursions are offered by the hotel. These include jungle treks, fishing, scuba diving, snorkelling, bird watching, hiking, beach trips, river kayaking, mangrove estuary tours, and more.



Basis

Full Board and Activities

Included

Breakfast.

Private transfer from Arenal to the San Jose Local Terminal, approx. 3 hour transfer.

Domestic flight from San Jose to Drake Bay, approx. 45 minutes. Luggage restrictions apply.

Land and boat transfer to Aguila de Osa. (Hotel guests only)

Unlimited kayak use.

Appetizers before dinner on the Jungle Terrace.

Dinner.

Excluded

Gratitudes.

Day 8: **Aguila de Osa, Osa Peninsula** **(Mon, 8 July)**

Day Itinerary

Corcovado National Park has often been described as one of the most biologically intense places on earth. The park extends over 100,000 acres on the southwest coast of Costa Rica. Your guided walk will bring you into a wonderland of ancient, steamy forests dominated by huge trees, home to much wildlife including scarlet macaws, toucans, parrots, all four monkey species found in the country and jaguars-although these elusive cats are rarely seen. Bring: water, light clothing, hiking shoes, repellent, camera, binoculars, sunscreen, umbrella. Includes: entrance fee and local guide.

Consultant Notes

Due to established limits in the number of visitors to Corcovado and Caño Island National Parks the Lodge reserves the right to change the order of the tours.

Activities

Morning	Corcovado National Park
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Corcovado National Park

One of Costa Rica's most important ecological areas, Corcovado National Park was once described by National Geographic as 'the most biologically intense place on earth'. This rich ecosystem stretches along the southern Pacific coast and encompasses beautiful ocean bays, tropical rainforest teeming with life, Central America's largest wetland area, and the country's biggest mangrove forest, sprawled over 20 000 hectares. Its myriad exotic creatures include jaguars, ocelots, tapirs, red macaws, quetzals and red-eyed tree frogs – not to mention the dolphins and humpback whales that breed in the coastal waters. Nature and adventure lovers will be in their element here, with a host of outdoor activities on offer, including wildlife viewing, fishing, surfing, and jungle treks.

Basis

Full Board and Activities

Included

Breakfast, lunch & dinner

Corcovado National Park half day tour including transportation, local guide and entrance fee. (Jotel guests only)

Unlimited kayak use.

Appetizers before dinner on the Jungle Terrace.

Excluded

Gratitudes.

Day 9: **Aguila de Osa, Osa Peninsula** **(Tue, 9 July)**

Day Itinerary

Caño Island was once an important ceremonial site and burial ground for the pre-Colombian Indians. Its possible they abandoned the area when pirates began arriving - the first, according to legend, being Sir Francis Drake back in 1579. The island is now a National Park.

Your tour starts after a leisurely breakfast, when you will meet your guide at the Gear House to select your flippers and mask. Its then a 40-minute boat ride to Caño Island. At certain times of the year, you may also see pilotor humpback whales, and dolphin along the way. The snorkeling site is located within a marine reserve, and is a good place for spotting a wide variety of fish and marine mammals, including - if you are lucky - manta rays, turtles and small white-

tipped sharks.

There are no facilities, and visitor access to the interior is prohibited while important infrastructure work is carried out. However our boat can take you close to the shore and you are welcome to wade ashore and stroll along the beach.

Consultant Notes

Due to established limits in the number of visitors to Corcovado and Caño Island National Parks the Lodge reserves the right to change the order of the tours.

Activities

Isla del Caño

Basis

Full Board and Activities

Included

Breakfast, lunch & dinner

Caño Island Boat Tour including snorkelling equipment, local guides and entrance fees. (Hotel guests only)

Unlimited kayak use.

Appetizers before dinner on the Jungle Terrace.

Excluded

Gratitudes.

Day 10: Bahia Del Sol Beach Front Boutique Hotel, Guanacaste (Wed, 10 July)

Guanacaste

Set along the spectacular Pacific Coast in north-western Costa Rica, Guanacaste is renowned for its pristine beaches, volcanic landscape, and exotic creatures. This Costa Rican province is considered the quintessential tropical paradise. Guanacaste's landscape features vast open grassland plains scattered with dry tropical forest edged by white-sand beaches. Visitors can spend a lazy day on the endless Playa Blanca Beach, enjoy first-class diving as well as a variety of water sports at the magnificent Playa Hermosa Beach, and visit Santa Rosa National Park, featuring unspoilt indigenous vegetation and inhabited by over 200 bird species. Don't miss the Papagayo Peninsula known for its world-class golf course.

Day Itinerary

You will be picked up by a representative from your hotel. Board a motor boat from Drake Bay to the main port of the Sierpe River, approximately 1 hour and 30 minute transfer. The boat ride through the Sierpe River will take you through mangrove forests to admire the flora and fauna. At the port of the Sierpe River you will take a land transfer to the Palmar Sur airstrip, approximately 30 minutes.

Local airline flight from Palmar Sur to San Jose. Check in 1 hour prior to flight departure time, approximately 50 minutes.

Private overland transfer to your hotel in Potrero Bay.

Consultant Notes

Regarding luggage restrictions on domestic flights: Check in 45 minutes prior to flight departure time. Maximum LUGGAGE PERMITTED 40 POUNDS PER PERSON for checked in baggage and one piece of carry-on luggage that does not exceed 10 pounds. We recommend packing a change of clothes, any essentials (including toiletries and medications) in a carry-on bag in the event your luggage is delayed. Excess baggage is subject to space availability on the plane. Additional charges apply. Itineraries are subject to change without prior notice to the passengers and with no responsibility for the carrier.

Overnight: Bahia Del Sol Beach Front Boutique Hotel

Bahia Del Sol Beach Front Boutique Hotel is located on Potrero Beach, Guanacaste and overlooks the crystal blue waters of the Pacific Ocean. Accommodation is available in a vast selection of guest rooms and suites which feature modern amenities. These include air conditioning, Wi-Fi, mini-bar, and a flat-screen TV. Guests may enjoy a meal the Nasu Restaurant which specialises in seafood and international cuisine. The in-house spa offers a selection of luxurious treatments which offer guests the ultimate in relaxation. Yoga classes are available daily at no additional cost to the guest.



Basis

Bed & Breakfast

Included

Breakfast.

Boat and land transfer back to Local Airstrip. (Hotel guests only)

Domestic flight from Drake Bay to San Jose, approx. 50 minutes. Luggage restrictions apply.

Domestic flight from San Jose to Tamarindo, approx. 50 minutes. Luggage restrictions apply.

Private overland transfer from Tamarindo Local Terminal to your hotel, approx. 40 minute transfer

Excluded

Gratitudes.

Day 11-14: Bahia Del Sol Beach Front Boutique Hotel, Guanacaste (Thu, 11 July to Sun, 14 July)

Day Itinerary

Bahía del Sol Beach offers visitors all the modern amenities, an outdoor pool, Jacuzzi, spa, souvenir store, yoga classes at no cost for all our guests, tours all framed in an impressive tropical scenario that includes lush and tropical gardens with native and exotic species and a wide front facing the beach.

Canopy/ Zip line, horseback riding, snorkelling, river tubing, sailing tours, hikes and National Parks are available from Bahia del Sol Hotel at additional fee.

Consultant Notes

Nasu Restaurant

THE BEST OF TRADITIONAL AND GOURMET CUISINE IN FRONT OF THE OCEAN

Nasu Restaurant at Bahía del Sol specializes in international cuisine, offering creative tropical gourmet dishes. Guests could choose between traditional Costa Rican cooking with original local products or the most sophisticated international creations, served with a tropical touch. Enjoy a nice ambiance at our elegant open air restaurant while admiring spectacular views and the peaceful sound of waves crashing in the shore...

Come and enjoy our breakfast, lunch and dinner options every day from

6:30 a.m. to 10:00 p.m.

Basis

Bed & Breakfast

Included

Breakfast.

Days at leisure.

Day 15: End of Itinerary (Mon, 15 July)

Day Itinerary

Pick up at your hotel for a departure transfer to the Liberia International Airport for your international flight.

Consultant Notes

Check in 3 hours prior to your scheduled flight time.

Basis

Bed & Breakfast

Included

Private overland transfer to the Liberia International Airport, approx. 1 hour transfer.

Excluded

Gratitudes.

Transport

Flight Information

Date	Flight	Airline	Departure Airport	Time	Arrival Airport	Time	Class	Ref
7 Jul	Scheduled		Juan Santamaria International Airport [SJO]		Drake Bay Airport [DRK]			
10 Jul	Scheduled		Drake Bay Airport [DRK]		Juan Santamaria International Airport [SJO]			
10 Jul	Scheduled		Juan Santamaria International Airport [SJO]		Tamarindo De Santa Cruz Airport [TNO]			

Transfers

Date	Company	Pick Up	Drop Off	Time	Vehicle
1 Jul		Juan Santamaria International Airport [SJO]	Park Inn by Radisson San Jose		Transfer
2 Jul		Park Inn by Radisson San Jose	La Pavona Dock		Transfer
4 Jul		La Pavona Dock	Guapiles		Transfer
4 Jul		Guapiles	Arenal Springs Hotel		Transfer
7 Jul		Arenal Springs Hotel	Juan Santamaria International Airport [SJO]		Transfer
10 Jul		Tamarindo De Santa Cruz Airport [TNO]	Bahia Del Sol Beach Front Boutique Hotel		Transfer
15 Jul		Bahia Del Sol Beach Front Boutique Hotel	Daniel Oduber International Airport [LIR]		Transfer

Voyage Information

Date	Boat	Agency	Departure Port	Time	Arrival Port	Time	Class	Ref
2 Jul	Cruise		La Pavona Dock		Evergreen Lodge			
4 Jul	Cruise		Evergreen Lodge		La Pavona Dock			
7 Jul	Cruise		Drake Bay Airport [DRK]		Aguila de Osa			
10 Jul	Cruise		Aguila de Osa		Drake Bay Airport [DRK]			

Urgent Contact Numbers

Company Name	Telephone	Email Address	Contact Person
Costa Rica Sun Tours	(506) 2296-7757	dmatarrita@crsuntours.com	Daisy Matarrita

Service Provider Directory

Service Provider	Ref. Number	Telephone	Address
Aguila de Osa		+506 8840 2929	Costa Rica
Arenal Springs Hotel		+506 2479 1212	
Bahia Del Sol Beach Front Boutique Hotel		+506 2654 5339	Playa Potrero, Guanacaste Costa Rica
Evergreen Lodge		+506 2222 6841	San José, Costa Rica
Park Inn by Radisson San Jose		+506 2521 5840	Ave 6 Street 28 494-1007 San Jose Costa Rica

Travel Information



Visitors to the Republic of Costa Rica will find that despite its small size, the country has an incredible number of attractions and activities to offer. Five per cent of the world's biodiversity can be found within Costa Rica's borders and great efforts have been made to preserve this rich resource; protected national parks make up almost 25% of the land – more than any other country in the world. From fishing and surfing to white water rafting and exploring volcanic regions, Costa Rica is the perfect playground for nature lovers and adventures seekers alike.

Banking and Currency

Currency

Costa Rican Colón (CRC; symbol ₡) = 100 centimes. Notes are in denominations of ₡50,000, 20,000, 10,000, 5,000, 2,000 and 1,000. Coins are in denominations of ₡500, 100, 50, 25, 20, 10 and 5. US dollars are also widely accepted.

The import and export of local and foreign currency is limited to US\$10,000. Amounts above this must be declared upon arrival.

Currency exchange facilities are available at banks and bureaux de change. Some hotels may also change money. Additionally, small stores will allow visitors to pay for goods in US dollars (small notes US\$20.00, US\$10.00) and receive change in colones. We highly advice not to exchange currency at the airports bureaux de change, they always give you a very low exchange rate; try to use always banks or hotel cashiers.

Banking

Banking hours: State banks Mon-Fri 09h00-15h00. Private banks Mon-Fri 08h00-16h00.

Diners Club, MasterCard and Visa credit cards are all accepted; American Express slightly less so. Many banks will only process MasterCard for cash credits. Cash may be the only form of payment in smaller towns and rural areas but many places will take US dollars, giving change in colones.

ATMs are common throughout the cities and small towns. They will usually accept foreign cards but in some regions only Visa cards are accepted. Occasionally, paying with credit cards may not be possible for technical reasons. Bringing a good supply of US dollars in cash is advised, as many things such as entrance fees to national parks or meals at restaurants, can be paid for with US dollars.

Although travellers can avoid additional exchange rate charges by taking traveller's cheques in US dollars, fewer and fewer businesses in Costa Rica are willing to accept them, and it is better to use the ATM.

Travel, Transport and Getting Around

SANSA (www.flysansa.com) operates services between San José and provincial towns and tourist resorts, including Tortuguero, Tamarindo, Quepos and Golfito. A number of companies also provide internal charter flights using different plane sizes. Much of Costa Rica is riddled with challenging roads, so if you can afford to fly then it will make your life a lot more comfortable.

Costa Ricans drive on the right side of the road. The quality of the roads in Costa Rica is, for the most part, not great. Stretches of the Pan-American Highway leading to and from the major cities tend to be okay, but the rest is a mix of dust, gravel, potholes and perilously mountainous roads. Be very careful driving – especially if you're in a hired car and want to get your deposit back – and if you're a nervous driver then consider public transport instead. You must be over 21 to hire a car, and though an international driver's license is safest, you are likely to be able to use a full license from your own country. You will need a credit card for the deposit, which will cost at least as much as the car hire but which you will hopefully get back.

There are many different car hire companies in Costa Rica, predominantly in San José and at the main airport, but it is advisable to either book a car through a local travel agency or to be exceptionally careful to note and confirm any damage or scratches to the vehicle before you drive off. Also ensure that the vehicle comes with a spare tyre – a decent one! – and a jack, because Costa Rica's roads are such that you may well need one.

A speed limit of 80kph (55mph) is enforced on most highways. However, Costa Ricans are notoriously dangerous drivers who pay little heed to speed limits and traffic regulations. Be careful going through towns, as the speed limit drops. If you speed or drink drive the Costa Rican police can fine you heavily, so it is suggested that you don't do anything to antagonise them and, if you are pulled over, be extremely nice. Never try and bribe them. Use of seat belts is mandatory.

Taxis are numerous and inexpensive in San José. The taxis are coloured red (except those serving the Juan Santamaría International Airport, which are orange). Taxis are usually metered, but few drivers use the meters as they figure they can extract more money from tourists by not doing so. Make sure they put it on and that it hasn't already been running, or ask your hotel concierge how much a fare should be, and negotiate with the driver to an agreed amount before setting off.

Public transport via road in Costa Rica ranges from the large coach companies such as the Tica Bus (www.ticabus.com) and Transnica (506 2223 4242; <http://transnica.com>), which are comfortable and air-conditioned, to tiny little shuttle buses in the Nicoya Peninsula, where they pack you in and jolt you around for hours. Bus travel, however long and potentially frustrating, is inexpensive and often quite fun.

Train lines are now limited to two commuter routes: from Heredia to San José, travelling only at peak times and taking half an hour; and from Pavas via San José and San Pedro to Curridabat, running only hourly in the morning and evening.

Food, Drink and Cuisine Advice

Costa Rica is not a major foodie destination, but what it lacks in sophistication it makes up for in choice.

The Caribbean coast tends to be more influenced by the island nations. Jamaican-style jerk chicken is a staple; rice and beans (gallo pinto) are ubiquitous, but more likely to be prepared with coconut milk; and curry spices feature heavily as ingredients, creating dishes with a very distinct flavour from their counterparts on the Pacific coast.

The Costa Rican diet is fairly healthy with low use of dairy or high-fat dishes. Fresh fruits and vegetables make up a high proportion of meals, while pork, chicken and beef are the most popular meats. Seafood is available throughout the country, particularly in coastal regions, with sea bass being the most common fish on menus.

Mains water is normally heavily chlorinated and, whilst relatively safe to drink, may cause mild abdominal upsets. Drinking water outside main cities and towns may be contaminated and sterilisation is advisable. Bottled water is available and is advised for the duration of the stay, especially for those who are liable to sensitive stomachs. Milk is pasteurised and dairy products are safe for consumption. Local meat, poultry, seafood, fruit and vegetables are generally considered safe to eat.

Climate and Weather

In the Central Valley, where the main centres of population are located, the average temperature is 22°C (72°F) and the region enjoys a spring-like climate year round. In the coastal areas, the temperature is much hotter and humid, while the Pacific Northwest can be extremely hot and dry. The rainy season starts in May and finishes in November, although there are distinct regional variations. June and July are the wettest months, particularly on the Caribbean side, but the season can run from May until December. The 'warm' dry season is December to May, though temperature differences between summer and winter are slight. March is the height of the dry season, and the humidity is lower at this time, making this a popular time for visitors.

Clothing and Dress Recommendations

Lightweight cotton and linen clothing is recommended for most of the year with warmer clothes for cooler evenings. Waterproofing is necessary during the rainy season. Loose-fitting clothing is best. Wear neutral browns and greens for birding and wildlife viewing. Always bring mosquito repellent for both day and night.

Electricity and Plug Standards

Electric sockets in the Republic of Costa Rica are Type B (NEMA 5-15) and/or Type A (NEMA 1-15). If your appliance's plug doesn't match the shape of these sockets, you will need a travel plug adapter in order to plug in. Travel plug adapters simply change the shape of your appliance's plug to match whatever type of socket you need to plug into. If it's crucial to be able to plug in no matter what, bring an adapter for all three types.

Electrical sockets supply electricity at 120 volts AC / 60 Hz frequency. If you're plugging in an appliance that was built for 220-240 volt electrical input, or an appliance that is compatible with multiple voltages, then an adapter is all you need. If your appliance isn't compatible with 120 volts, a voltage converter will be necessary.

Terms and Conditions

Itinerary Terms and Conditions

Please note:

- All persons entering Costa Rica must have a passport valid for 6 months past the date of entry.
- Baggage limit per person for flights within Costa Rica: 40 lbs (18 kg); charter flights: 25 lbs (12 kg).
- Any changes or cancellations made to these services while in Costa Rica are at the traveler's expense.
- No refunds will be given for unused services as per our terms and conditions.
- Costa Rica Sun Tours terms and conditions apply.
- Travelers are encouraged to take out travel insurance.